

ATTENTION!

**Please pay attention to the symptoms.
It is for your own good.
Thank you.**

**The following symptoms could indicate cancer
or may have other explanations:**

- Unusual bleeding, for instance from your anus, genitalia, nipples, blood in sputum or urine.
- Thickening or lumps, for instance in the scrotum, breasts, groin, neck, lips, tongue or armpits.
- Unexplained weight loss.
- Persistent cough or hoarseness.
- Prolonged difficulty swallowing.
- Sores that will not heal e.g., in the mouth or on genitals.
- Changes in bowel movements or urination, e.g. chronic diarrhoea, or constipation, blood in stool, difficulty urinating.
- New birthmarks or changes in spots, e.g., size, shape or colour.
- Chronic discomfort in your digestive tract, e.g., tummy aches and bloating.
- Fatigue that persists after rest or sleep.
- Unexplained chronic pain for no clear reason.

**If you have any of these symptoms
make an appointment with a doctor.**

